



Welcome to SotoTennis Academy

At STA, a leading international tennis academy in Sotogrande, Spain, we are dedicated to fostering young talent. We are proud to provide an environment rich with opportunities for aspiring tennis players to excel.

Our bespoke, personalised approach allows each player to advance on their unique path while thriving within our supportive team.



HABITE OF CONTRACTOR

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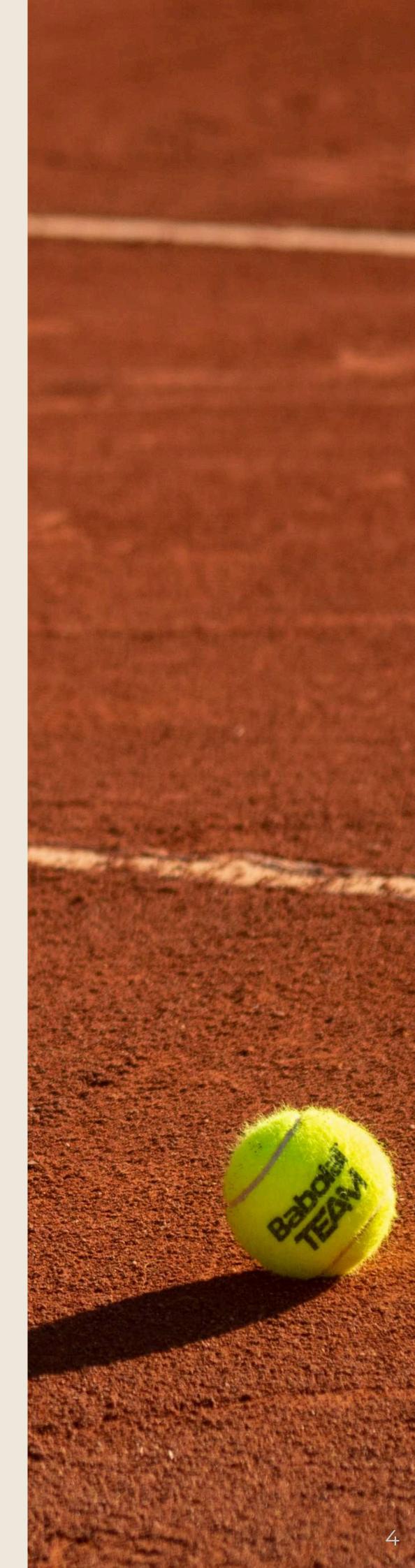
About STA

We strive to be a world-class tennis academy and a leading venue for player development. Our goal is to create an environment that inspires and enables individuals to reach their full potential through hard work and dedication. We encourage our players to work together and support each other, fostering a sense of community in a predominantly individual sport.

Every player who joins us will be welcomed by our dedicated team, ensuring their time here, whether one week or five years, is enriching and enjoyable. Our personalised approach guarantees you will make the most of your experience and fully integrate into Team Soto. We aim for everyone with an STA badge to be recognised as hardworking and well-mannered, having given their all to achieve their goals.

We are committed to making STA a top destination for Access Players, High-Performance Players, Clubs, and Coaches, offering high-quality facilities and a comprehensive training setup. The synergy between Access Players and Full-Time Players is invaluable, providing mutual inspiration and ample opportunities for practice and match play. Located in Sotogrande, our academy also serves as an ideal holiday destination for family and friends.

In this brochure you will learn everything you need to know about visiting us at STA! If you have any questions, please do not hesitate to reach out <u>here</u>.





STA Performance

At STA, we have a dedicated performance team with international experience. Our experts, from seasoned tennis coaches with tour-level insights to highly qualified sports science specialists, are here to guide our players through each step of their tennis journey.

From local Spanish tournament victories to Grand Slam titles, we are here to support our athletes at every stage!



Ten Pro Champion



ITF J30 Champion



Team Soto



US Open Women's Doubles Champions



Hofssaes Tournament Champions

Training Programmes



*Please note that this is just a sample schedule. Our programmes are customised based on each player's tennis level and can be adjusted to include more or fewer sessions, including individual lessons. For more information, see our <u>FAQs here</u>.

Here is an example* of an STA Access Player weekly schedule:

Monday

- Morning Tennis Squad -Tolerance/Consistency Drills
- Fitness Squad
- Afternoon Tennis Squad Specific Drills

Tuesday

- Morning Tennis Squad Specific Drills
- Fitness Squad
- Afternoon Tennis Squad -Conditioned Sets

Wednesday

- Morning Tennis & Fitness Squad -Integrated Basket Drills & On-Court S&C Exercises
- Afternoon Tennis Squad Doubles

Thursday

- Morning Tennis Squad Specific Drills
- Fitness Squad
- Afternoon Tennis Squad Sets

Friday

- Morning Tennis Squad Match Warm Up/Specific Drills
- Afternoon UTR MatchPlay
- STA Friday Circle

Saturday

- Optional Tournament or
- Optional Morning Fitness Session
- Optional Afternoon Tennis Session -Hitting

Sunday

Optional Tournament/Rest Day

Competition

As an STA Access Player, you can compete in our weekly UTR Friday Matchplay and participate in local, national, and international tournaments with Team Soto, depending on your age and level.

Universal Tennis Rating (UTR)

STA is an official UTR center, so all our matchplay events and tournaments count towards players' Universal Tennis Ratings, benefiting those considering the US College pathway. Any player with a UTR account can upgrade to a UTR Power Subscription for free entry into our matchplay events or choose to pay per match/event.

Local Tournaments

Spanish Federation Licenses can be arranged through the Academy for €40 (+21% IVA) per year. These annual licenses allow Access Players to participate in local tournaments during their stay. We strongly encourage Access Players to join our Academy trips to these tournaments to experience Spanish competition!

International Tournaments

Access Players are also welcome to join Team Soto when we travel to international events. We not only support players, but work closely with coaches too by helping to supplement their players' programmes on the road. To find out more about our international tournament calendar or to book an Access Travel Week please contact the STA Operations Team.



Training Pricing

September to June Tennis & Fitness Training	Fee	21 % IVA*	Total
Full Access Week	€650.00 per week	€136.50	€786.50
Private Lesson Pre-Booked 1 hour Hit/Sparring Pre-Booked 1 hour	Start from €75.00 €55.00	€15.75 €11.55	€90.75 €66.55
July & August	Fee	27.0/ 11/4*	
Tennis & Fitness Training	ree	21 % IVA*	Total
	€700.00 per week	21 % IVA** €147.00	lotal €847.00

Individual Lessons & Hits

Prebook up to 3 hours of private sessions per week in advance to avoid paying a €10/hr supplement for booking private sessions on site. This will also guarantee the sessions, as if booking on site they will be subject to availability. Private sessions will generally be carried out by your assigned Lead Coach.

Tournaments and Travel	Fee	21 % IVA*	Total
Local Tournament Weekend	€30.00 per weekend	€6.30	€36.30
Local Tournament Weekend - Month	€100.00 per month	€21.00	€121.00
Group International Tournament Week	€600.00 per week	€126.00	€726.00
1-2-1 International Tournament Week	€1000.00 per week	€210.00	€1210.00

Discounts

Discounted prices apply when booking long-term visits to the Academy. Please enquire by sending us an email to info@sototennis.com.

5-9 weeks = 5% discount 10-15 weeks = 10% discount 16+ weeks = Full Time prices

^{*}IVA is Spain's version of VAT, currently set at 21%.

^{**}Please note, there are limited individual lessons available to Access Players in July & August, and prices vary based on individual coach.

Accommodation

There are lots of different accommodation options for STA visitors throughout the year, but we recommend organising and booking your preferred choice as soon as you can. With its idyllic climate, safe gated-community, and the range of experiences on offer, Sotogrande is a very popular place to visit!

Below are our recommended accommodations, including the STA 16+ Players' House, local apartments, and hotels.

STA's 16+ Player Accommodation option is a 2-minute walk from the tennis club, 5 minutes from the beach, and 20 minutes from the port, where you'll find many restaurants and shops. In this self-catered accommodation, bedrooms are shared (separate for boys and girls) with shared bathrooms, kitchen, dining, and living spaces. Players have access to the complex's shared pool during the summer, and transportation to the supermarket twice a week. Bringing your own towels is recommended.

At STA we are also very fortunate to be able to offer accommodation to our players through some amazing local host families, both English-speaking and Spanish-speaking. Most families provide single rooms, though sometimes rooms are shared with other tennis players.

For STA accommodation pricing, please see below:



Septemb	er to	June
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Per night
Per week
Per month

July & August

Per night

Price

€40.00 €270.00 €1,070.00

Price

€60.00

21% IVA*

€8.40 €56.70 €224.70

21% IVA

€12.60

Total

€48.40 €326.70 €1,294.70

Total

€72.60

For more information about local host families and their pricing, please contact us here. You can find our local apartment and hotel recommendations linked here.



Transport

There are several travel options to and from Sotogrande, but for families and groups, we recommend hiring a car due to limited public transport.

Academy Transfer

We can arrange airport transfers through the academy (prices below).

NB: airport transfers are subject to availability and must be booked with a member of the Operations Team at least 48 hours prior to arrival by emailing info@sototennis.com or via WhatsApp message +34 633 649 328.

STA Airport Transfer Fees**

Malaga Airport

1-4 people: €115 + IVA* 5-8 people: €145 + IVA*

Malaga Train Station 1-4 people: €125 + IVA* 5-8 people: €155 + IVA*

Marbella Bus Station 1-4 people: €60 + IVA* 5-8 people: €90 + IVA*

Gibraltar Airport

1-4 people: €50 + IVA* 5-8 people: €80 + IVA*

Estepona Bus Station 1-4 people: €50 + IVA* 5-8 people: €80 + IVA*

A €20 surcharge applies to journeys between 10pm and 7am. We also offer a meet and greet service for unaccompanied players, with charges based on specific requirements.

*IVA is Spain's version of VAT and is currently set at 21%.

**Faster toll road routes are available at a small additional cost on request.



Buses

avanzabus.com runs regular buses from Malaga airport to Marbella Bus Station and to Estepona Bus Station. The bus service brings you closer to Sotogrande where academy transfer/taxi options are cheaper.

Car Rental

Recommended for parents/families.

Available locally or from any airport.



2024-25 Term Dates

Autumn Term 2024

- Start date: Tuesday 3rd September
- October Half Term: Monday 28th -Friday 1st November*
- End date: Wednesday 18th
 December

Spring Term 2025

- Start date: Thursday 2nd January
- February Half Term: Monday 17th Friday 21st February*
- End date: Friday 11th April

Summer Term 2025

- Start date: Monday 21st April
- May Half Term: Monday 26th -Friday 30th May*
- End date: Friday 15th August

Summer Training Weeks 2025

Weeks commencing:

- 29th June
- 7th July
- 14th July
- 21st July
- 28th July
- 4th August
- 11th August

Start of 2025-2026 year:

Tuesday 2nd September 2025

Registration

If you would like to book an Access Week/s at STA or have any initial questions, please contact <u>info@sototennis</u> with your name, date of birth, and tennis level/background.

We will then take you through the appropriate registration process.

We look forward to meeting you in Sotogrande soon!

In the mean time, get an insight into day-to-day academy life via our social platforms by clicking the icons below:

