SOTOTENNIS ACADEMY

INSPIRING EXCELLENCE

2027-28 PLACEMENT: *Strength & Conditioning*

Who are we?

SotoTennis Academy (STA) is a leading international tennis academy based in Sotogrande on Spain's sunny Costa Del Sol. We pride ourselves on providing the environment and opportunities needed for performance tennis players to thrive on their tennis journeys.

Our bespoke and personalised approach ensures that our players progress on their individual pathways while flourishing as part of our team.

STA's vision: to set the standards and be the benchmark for what people expect and demand from an International Tennis Academy.

STA's philosophy: we care about Player Welfare, Player Development and our Player Pathway. We look after our players from day one all the way through their journey.

STA's Performance Team, including the S&C Department, works closely with the Off-Court Team to ensure the Academy runs smoothly day-to-day and reaches its bigger picture goals.

STA is looking for someone who fits in with its values and philosophy to join the S&C team from:

September 2027 to August 2028 (12 month placement).

www.sototennis.com | *@sototennis*





The Role

This role includes but is not limited to:

Coaching

- Planning, supporting or leading daily S&C group and individual training sessions, including warm ups and cool downs
- Collaborating with tennis coaches on integrated sessions
- Monitoring players' progress
- Supporting players at local, national and potentially international tournaments
- Providing nutritional advice
- Working with players with injuries - including visits to STA's physiotherapist
- Working and communicating with the wider STA team
- Assisting with the transport of players to different training locations within the Academy

Player Communications & Welfare

- Communicating with players, parents and sponsors in person and via phone/email
- Meeting and greeting new players and parents

Marketing

- Helping with content collection in S&C sessions - photos, videos, etc.
- Collaborating with STA's Marketing Team on S&C-related social media posts and assets
- Working with the Off-Court Team on exciting STA Events, including International Tournaments

Demonstrating flexibility within the job role to assist with other duties requested by the STA Team.

This placement also includes the opportunity to collect data/case studies for your final year dissertation/university projects.

Requirements & Remuneration

ESSENTIALS

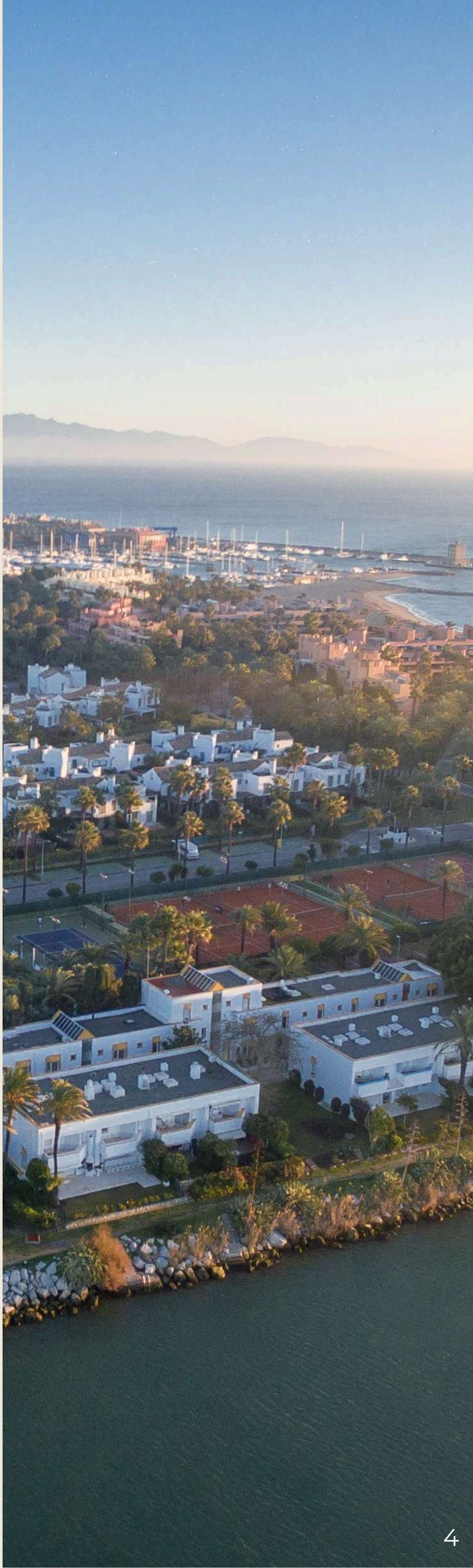
- Knowledge, experience and passion in Strength and Conditioning
- Strong teamwork
- Effective organisational skills
- Great time-management
- Excellent interpersonal skills
- Initiative taker - a self-starter
- Confident communication skills
- Fluent in English
- Full clean driving licence

DESIRABLES

- Experience in working with athletes
- Sports/coaching qualifications/certifications
- Knowledge of tennis
- Basic Spanish

REMUNERATION

- Accommodation in shared penthouse apartment in Sotogrande Marina (our STA Staff Accommodation is a 10 minute walk from El Octogono tennis club) including all bills (Value €700)
- €400 per month for expenses
- Return flights – up to €200





How to apply

DISCIPLINES WHO CAN APPLY:

This placement is open (but not strictly limited) to students reading degrees such as:

Sport Science
Physiology
Sport & Exercise Science
Health & Exercise Science
Sport Management & Coaching
Sport Science, Coaching & Physical Education
Sport & Physical Activity

We welcome students from different degree disciplines to apply for this role, but a passion for S&C and some prior coaching experience/qualifications are desired.

APPLICATION CLOSING DATE

The closing date for this placement is February 1st 2027, however, this placement position may be offered before this date to the right candidate, so earlier applications are **strongly** encouraged.

HOW TO APPLY

Apply by emailing STA's Head of Sports Science Tom Turner **tom.turner@sototennis.com** with your CV and a cover letter outlining why you believe you are the right person for the role.

IMPORTANT INFORMATION

If you are a non-EU student, you will require a student internship visa for this placement. This is the student's responsibility to acquire and pay for, however, STA will provide a guide based on previous STA Placement Students' visa applications, and will assist with any necessary STA-related documents.

Useful links

ANY QUESTIONS?

STA currently has five university students in placement roles in both our Off-Court and On-Court Teams. The student in our 2026-27 S&C role is Sam Bradley, who is more than happy to answer any questions about his current placements at STA and living in Sotogrande.

Here is his email address if you'd like to get in touch:

sam.bradley@sototennis.com

HEAR FROM OUR PLACEMENT STUDENTS

Check out this video and blog to hear and read about our current and former Placement Students' experiences over the past 5 years!

See how our students get to work and connect with athletes and experts from all different backgrounds and nationalities, and also how they become an integral part of our Team here at STA.

INTERNATIONAL PLACEMENT OF THE YEAR

At the University of Bath's Humanities & Social Sciences Placement Awards, SotoTennis Academy won International Placement of the Year!

At the core of what we have always wanted to have at SotoTennis Academy is an environment that provides opportunities for people to excel, flourish and grow in whichever direction they choose.

This is the same for employees as it is for players, so this is very special to us to be recognised for this.

Read more about the award here!





We hope to hear from you soon!