



SOTOTENNIS ACADEMY

INSPIRING EXCELLENCE

FULL TIME PLAYER

21-22

INFORMATION



WHO ARE WE?

OUR VISION

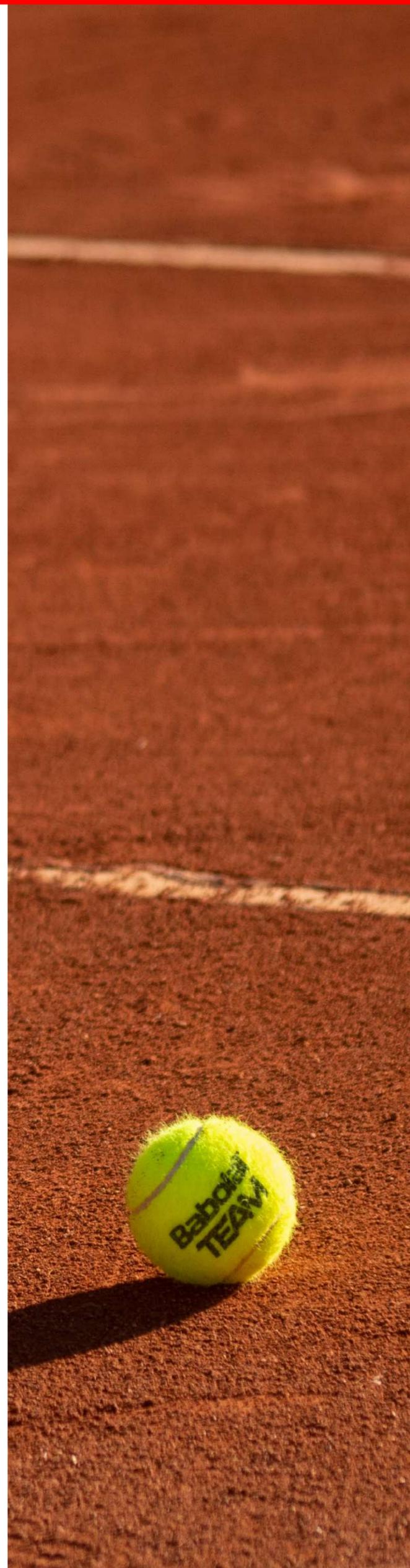
WE AIM TO BE A WORLD-CLASS TENNIS ACADEMY AND PRIMARY VENUE FOR THE DEVELOPMENT OF PLAYERS. WE AIM TO PROVIDE AN ENVIRONMENT THAT INSPIRES AND ENABLES INDIVIDUALS TO MAXIMISE THEIR OWN POTENTIAL THROUGH HOURS OF HARD WORK AND DEDICATION. WE ARE RESPONSIBLE FOR ENSURING THAT OUR PLAYERS SEE MEASURABLE OUTCOMES IN THEIR PERFORMANCE THROUGH OUR WELL-STRUCTURED AND SYSTEMATIC APPROACH. THE AIM IS FOR OUR PLAYERS TO BECOME SELF-SUFFICIENT AND GROW IN THEIR OWN WAY, WHILE BEING A PART OF THE TEAM. PLAYERS ARE ENCOURAGED TO WORK TOGETHER WHICH WE BELIEVE CAN ONLY BE A GOOD THING IN WHAT IS ALREADY AN INCREDIBLY TOUGH SPORT.

THE ROLE OF STA

WE GIVE OUR PLAYERS THE TOOLS AND RESOURCES TO MAKE THESE IMPROVEMENTS, BUT ULTIMATELY, WE ALLOW OUR PLAYERS TO TAKE THE LEAD SO THAT THEY LEARN. 'CONTROLLING THE CONTROLLABLES' IS WHERE WE FOCUS ALL OUR ENERGY TO HELP PLAYERS CREATE MORE OF A LONG-TERM PERSPECTIVE ON THEIR TENNIS. EACH PLAYER THAT WALKS THROUGH OUR DOORS, AND PLAYS ON THE TOUR WITH AN STA BADGE, WILL HOPEFULLY BE RECOGNISED AS A HARDWORKING, WELL-MANNERED INDIVIDUAL WHO HAS DONE EVERYTHING THEY CAN TO ACHIEVE THEIR GOALS.

WE ARE ALSO DRIVEN TO ENSURE THAT STA BECOMES A PRIMARY DESTINATION FOR ACCESS PLAYERS. HIGH-PERFORMANCE PLAYERS, CLUBS AND COACHES CAN ACCESS OUR HIGH-QUALITY FACILITIES AND INTEGRATE WITH OUR PERFORMANCE SET UP. THE IMPACT ACCESS PLAYERS CAN HAVE ON THOSE TRAINING AT THE ACADEMY CANNOT BE UNDERESTIMATED: FULL TIME PLAYERS HAVE THE CHANCE TO WATCH, LEARN AND BE INSPIRED. THEY ALSO HAVE ADDITIONAL OPPORTUNITIES FOR HITTING AND MATCH PLAY. WE BELIEVE STA WILL BE MORE SUCCESSFUL FOR BEING INCLUSIVE RATHER THAN EXCLUSIVE.

WE ARE OPEN 47 WEEKS OF THE YEAR, SO PLAYERS CAN START WITH US YEAR-ROUND! FIND OUR TERM DATES ON PAGE 11.



OUR PRINCIPLES

STA VALUES AND BEHAVIOURS

AT SOTOTENNIS ACADEMY WE HAVE CORE VALUES AND BEHAVIOURS THAT WE HOLD EACH OTHER ACCOUNTABLE TO DAY IN, DAY OUT. THESE CORE PRINCIPLES HELP US TO NOT ONLY GROW AS INDIVIDUALS, BUT HELP US TO CONTINUE GROWING THE TEAM ENVIRONMENT THAT ALL OUR TEAM MEMBERS BENEFIT FROM.

GROWTH - OUR KEY VALUES

G R A T I T U D E

R E S P E C T

O W N E R S H I P

W A N T (UNCONDITIONAL EFFORT)

T H E D A I L Y B I L L (HABITS AND ROUTINE)

H O N E S T Y

RISE UP - OUR AGREED BEHAVIOURS

R E S P E C T

I T S T A R T S W I T H U S

S U P P O R T E A C H O T H E R A L W A Y S

E N E R G I S E R N O T E N E R G Y S A P P E R

U N C O N D I T I O N A L E F F O R T

P A Y I T F O R W A R D

THESE ARE EXPECTATIONS THAT WE REQUIRE FROM EACH AND EVERY TEAM SOTO MEMBER IN ORDER FOR THEM TO BECOME THE PROFESSIONAL INDIVIDUAL THAT STA DEMANDS OF THEM. AT STA, OUR GOAL IS TO PROVIDE A PLATFORM FROM WHICH PLAYERS CAN CONTINUE TO EXCEL, BOTH ON AND OFF THE COURT. THE KEY TO THIS IS THE SELF-POLICING OF OUR ACCOUNTABILITY TOWARDS GROWTH AND RISE UP.

WE ARE A TEAM ENVIRONMENT WITH INDIVIDUAL PATHWAYS. WE ARE TEAM SOTO: IT STARTS WITH US!

STA PHILOSOPHY/CULTURE

STA EMBODIES A '**PLAY TO WIN**' PHILOSOPHY AND A '**CONTROL THE CONTROLLABLES**' CULTURE. THIS IS NOT ABOUT PUTTING THE OUTCOME OF PERFORMANCE (WINNING OR LOSING) ABOVE ALL ELSE, BUT RATHER, DEVELOPING PLAYERS TO PLAY WITH FREEDOM AND APPRECIATE THAT **PRESSURE IS A PRIVILEGE**. OUR PLAYERS SHOULD NEVER BE DRIVEN BY THE FEAR OF FAILURE.

PLAYING THE STA WAY

- **YOUR HEAD:** PLAY SMART. KNOW YOUR GAME STYLE INSIDE OUT. USE YOUR STRENGTHS, MANAGE YOUR WEAKER AREAS AND LEARN TO EXPOSE YOUR OPPONENT'S WEAKNESSES.
- **YOUR HEART:** FIGHT FOR EVERY BALL. PLAY UNTIL THE LAST POINT. MAKE SURE YOUR OPPONENT ALWAYS KNOWS THEY ARE IN FOR THE FIGHT OF THEIR LIVES!
- **YOUR LEGS:** RUN EVERY BALL DOWN AND LOOK LIKE AN ATHLETE. BE SURE YOU ARE THE FITTEST PLAYER OUT THERE!

OUR PERFORMANCE PROGRAMMES

PERFORMANCE PLANNING PROCESS

THIS PROCESS IS PIVOTAL TO EVERYTHING WE DO AT STA. WE GO THROUGH THIS PROCESS WITH PLAYERS, PARENTS AND SUPPORT TEAMS THREE TIMES A YEAR TO SET THE PLANS FOR THE 4-MONTH BLOCK AHEAD. THE 4-MONTH BLOCKS ARE AS FOLLOWS: SEPTEMBER - DECEMBER, JANUARY - APRIL, MAY - AUGUST.

ROAD MAP: THE 'WHERE' AND 'WHY'

THIS IS THE MASTER DOCUMENT THAT WE USE THROUGHOUT YOUR TIME HERE AT STA. IT'S ESSENTIALLY A DAILY 'MAP' THAT WILL LEAD YOU TOWARDS THE 'END GOAL' OF YOUR TENNIS JOURNEY - AS A PLAYER AND AS A PERSON. THE MAP NATURALLY EVOLVES OVER TIME AND BRINGS A PURPOSE TO EVERYTHING THAT WE DO TOGETHER. THIS INCLUDES THE 'END GOAL' FROM THIS TENNIS JOURNEY AND WHAT THIS END GOAL LOOKS LIKE IN TERMS OF YOU AS A TENNIS PLAYER. IT INCLUDES THE VISION THAT YOU HAVE FOR YOURSELF AS A TENNIS PLAYER, AS WELL AS THE VISION WE HAVE FOR YOU. THE CLEARER THE VISION, THE EASIER IT IS TO BUILD THE 'STEPPING STONES' TO SUCCESS.

OUTCOME STEPS

WE WILL STATE THE OUTCOME 'CHECK POINTS' WE BELIEVE ARE NEEDED TO BE ON TRACK FOR THE FINAL DESTINATION. THIS IS REVIEWED IN LINE WITH PERFORMANCE PLAN TIMELINES.

PROCESS STEPS

AN UNDERSTANDING OF ALL THE AREAS THAT NEED TO BE BROUGHT TOGETHER TO BUILD A SUCCESSFUL PLAYER AND PERSON.

PROCESS GOALS: THE 'WHAT'

WE SIMMER THIS DOWN TO THE 'KEY AREAS' OF WORK FOR THE UP-AND-COMING PERIOD. IDENTIFYING THE KEY AREAS IN THE SHORT TERM WHILE LINKING THIS BACK TO THE 'BIGGER PICTURE' LEADS US TO OUR PROCESS GOALS.

WEEKLY PROGRAMME

AND TOURNAMENT PLAN: THE 'HOW'

THE GOALS WE WANT TO ACHIEVE IN THE TIME PERIOD LEAD US TO OUR WEEKLY PROGRAMME AND TOURNAMENT PLAN. THIS WILL HELP TURN YOUR AMBITIONS INTO ACTION.

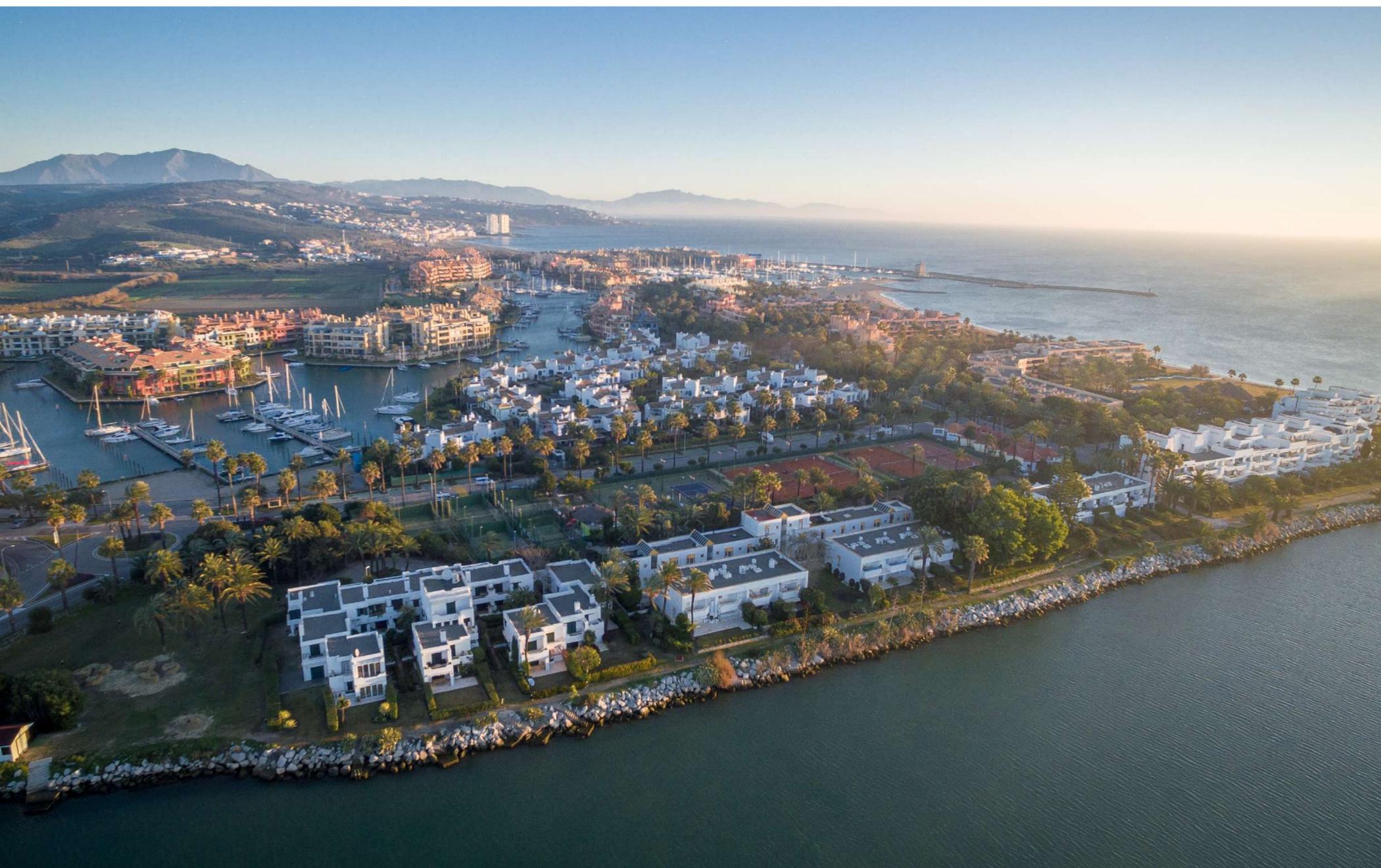
TOWARD THE END OF THE TIME PERIOD YOUR PERFORMANCE PLAN IS REVIEWED, REFINED AND RESET FOR THE NEXT TIME PERIOD.

THE BY-PRODUCT OF YOUR COMMITMENT TO THESE PROCESSES WILL BE THE STRONG RESULTS (OUTCOME). THIS WAY OF THINKING ALLOWS OUR PLAYERS TO COMBINE MENTAL FREEDOM WITH DISCIPLINE, WHICH LEADS TO MENTAL STRENGTH. TRUST AND COMMIT TO THE PROCESSES!



WHERE TO FIND US

WE ARE BASED AT EL OCTOGONO TENNIS CLUB IN SOTOGRANDE MARINA, WHERE OUR ACADEMY TENNIS SESSIONS TAKE PLACE. STRENGTH & CONDITIONING SESSIONS ARE ALSO HELD HERE, AS WELL AS AT THE NEARBY VANITY FITNESS CENTRE, AND SOMETIMES AT THE BEACH!



ACADEMY ADDRESS:

SOTOTENNIS ACADEMY
EL OCTOGONO CLUB DE PADEL Y TENNIS
PASEO DEL RÍO S/N
11310 SOTOGRANDE
CÁDIZ
ESPAÑA



FOR ACADEMY BOARDERS, YOU WILL EITHER STAY IN THE SOTOGRANDE INTERNATIONAL SCHOOL'S (SIS) BOARDING HOUSE (U18S) OR STA'S SELF-CATERED APARTMENT (18+, OR 16+ WITH PARENTAL PERMISSION).



ACCOMMODATION: STA HOUSE (18+)

THE STA PLAYERS' HOUSE IS A SELF-CATERED ACCOMMODATION OPTION FOR PLAYERS AGE 18+ OR PLAYERS AGE 16+ WITH PARENTAL PERMISSION. LOCATED 2 MINUTES' WALK FROM THE TENNIS CLUB, 5 MINUTES' WALK FROM THE BEACH, AND 20 MINUTES' WALK FROM THE CENTRE OF THE PORT - WHERE YOU WILL FIND LOTS OF RESTAURANTS AND INDEPENDENT SHOPS - THE APARTMENT IS EXCELLENTLY LOCATED FOR OUR PLAYERS' TRAINING REQUIREMENTS AND LIFESTYLE.

OUR PLAYERS' HOUSE PROVIDES A BRILLIANT TRANSITION BETWEEN LIVING AT HOME AND INDEPENDENT LIVING, MAKING IT A PERFECT PLACE FOR THOSE ATHLETES LOOKING TO GO ONTO U.S. COLLEGE/EUROPEAN UNIVERSITY.

THE HOUSE IS ALSO A GREAT OPTION FOR PRO ATHLETES BOTH AT BASE AND ON THE ROAD.



AS THIS IS AN INDEPENDENT ACCOMMODATION OPTION THERE ARE NO STAFF MEMBERS ON SITE, HOWEVER, STA RUNS TWO WEEKLY SUPERMARKET TRIPS FOR PLAYERS TO PICK UP ENOUGH FOOD TO COOK FOR THEMSELVES THROUGHOUT THE WEEK.

THE HOUSE IS AVAILABLE TO BOTH FULL TIME STA PLAYERS, PRO PLAYERS AND ACCESS PLAYERS.

ROOMS IN THE HOUSE ARE SHARED, WITH SEPARATE ROOMS FOR MALE AND FEMALE PLAYERS. THE ACCOMMODATION IS WELL EQUIPPED, WITH BEDDING AND TOWELS PROVIDED, BUT PLAYERS MAY PREFER TO BRING THEIR OWN (SINGLE BEDS). PLAYERS ALSO HAVE ACCESS TO THE COMPLEX'S SHARED POOL DURING THE SUMMER MONTHS.



STA PLAYERS' HOUSE ADDRESS:

SOTOTENNIS ACADEMY
RIBERA DEL EMPERADOR 42
SOTOGRANDE 11310
CADIZ
ESPAÑA

ACCOMMODATION: SIS BOARDING (U18)



SOTOGRADE INTERNATIONAL SCHOOL'S BOARDING HOUSE PROVIDES EXCEPTIONAL ACCOMMODATION FOR OUR PLAYERS, WHO ARE PROVIDED WITH LARGE, AIR-CONDITIONED, ENSUITE BEDROOMS WITH A FAST WIFI CONNECTION. ROOMS ARE OFTEN SHARED WITH OTHER TENNIS PLAYERS OR SCHOOL STUDENTS DEPENDING ON AVAILABILITY.

THE BOARDING HOUSE BUILDING ITSELF IS SITUATED 15 MINUTES' DRIVE FROM THE TENNIS CLUB ON A LARGE SITE WHICH BOASTS: AN OUTDOOR SWIMMING POOL, LIBRARY/INTERNET AREA, STUDY ROOMS, STUDENT KITCHEN, TV LOUNGES, GAMES ROOM, FULLY EQUIPPED GYM AND BASKETBALL COURT TO NAME BUT A FEW FACILITIES. THERE IS ALSO ACCESS TO A NEIGHBOURING TENNIS AND PADEL COURT LOCATED WITHIN 100 METRES OF THE SITE. STA BOARDERS HAVE FREE ACCESS TO THESE FACILITIES AND A LARGE RANGE OF OPTIONAL WEEKEND ACTIVITIES OFF THE SITE TOO.

WITHIN WALKING DISTANCE OF THE BOARDING HOUSE SITE ARE: A SMALL SUPERMARKET, ITALIAN RESTAURANT AND A CAFÉ. PLAYERS ARE ALLOWED TO WALK TO THESE AMENITIES AS LONG AS THEY ARE IN PAIRS, HAVE SIGNED OUT WITH A MEMBER OF THE BOARDING TEAM, AND THEY HAVE RECEIVED THE PLAYERS' PARENTAL PERMISSION FORM.

ACCOMMODATION IN THE FANTASTICALLY-EQUIPPED AND SECURE SIS BOARDING HOUSE INCLUDES ALL MEALS, TRANSPORT TO AND FROM THE TENNIS CLUB, AND PASTORAL CARE. ADDITIONALLY, THE BOARDING HOUSE PROVIDES LAUNDERED TOWELS AND BED LINEN, HOWEVER, STUDENT-ATHLETES ARE RESPONSIBLE FOR LAUNDERING THEIR OWN CLOTHES.



FOR MORE INFORMATION ABOUT ADDITIONAL ACCOMMODATION OPTIONS, INCLUDING LOCAL HOTELS, APARTMENTS AVAILABLE TO RENT, AND HOST FAMILIES, PLEASE CONTACT [INFO@SOTOTENNIS.COM](mailto:info@sototennis.com) FOR AN EXTENDED CONTACT LIST.

EDUCATION

THE ELITE SPORTS PROGRAMME WITH SOTOGRANDE INTERNATIONAL SCHOOL (SIS)

THE ELITE SPORTS PROGRAMME FORMS A STRUCTURED PATHWAY FOR OUR STUDENT-ATHLETES. STA WORKS IN PARTNERSHIP WITH SOTOGRANDE INTERNATIONAL SCHOOL TO OFFER A SOLUTION FOR BALANCING THE HIGH ACADEMIC AND SPORTING DEMANDS PLACED ON YOUNG, TALENTED SPORTSPEOPLE.

THE FIRST RUNG ON THE LADDER IS FOR OUR FUTURE CHAMPIONS, PROGRESSING TO THE JUNIOR CHAMPIONS AND ULTIMATELY THE ELITE CHAMPIONS. OUR AIM IS FOR STUDENT-ATHLETES TO LEAVE THE PROGRAMME PREPARED AND READY FOR UNIVERSITY SCHOLARSHIPS AND BEYOND. STA AND SIS WORK CLOSELY TOGETHER TO SUPPORT OUR STUDENT-ATHLETES, HELPING THEM TO SUCCEED ON AND OFF THE COURT IN THEIR CHOSEN PATHWAY.

THE PROGRAMME IS AVAILABLE FOR:

- **FUTURE CHAMPIONS:** 11 - 14 YEAR-OLDS DURING M1 - M3 OF THE MIDDLE YEARS PROGRAMME, WHO COME TO STA AFTER THE SCHOOL DAY WITH THE PROGRESSION TO COMING OUT OF SCHOOL FOR SOME EXTRA TRAINING SESSIONS.
- **JUNIOR CHAMPIONS:** 14-15 YEAR-OLDS, M4 - M5 OF THE MIDDLE YEARS PROGRAMME, WHO GO TO SIS IN THE MORNING AND TRAIN AT STA IN THE AFTERNOONS.
- **ELITE CHAMPIONS:** 16-18 YEAR OLDS STUDYING INTERNATIONAL A LEVELS, WHO TRAIN AT STA IN THE MORNING AND ATTEND CLASSES IN THE AFTERNOONS.

WITH THE HELP OF TENNIS SMART, ELITE SPORTS PROGRAMME STUDENT-ATHLETES ARE SUPPORTED THROUGHOUT THE WHOLE PROCESS OF APPLYING FOR UNIVERSITY OR COLLEGE, FROM APPLICATION AND RECRUITMENT, TO SAT SUPPORT, ALL THE WAY THROUGH TO ARRIVAL AT UNIVERSITY AND EVEN LIFE AFTER GRADUATION.

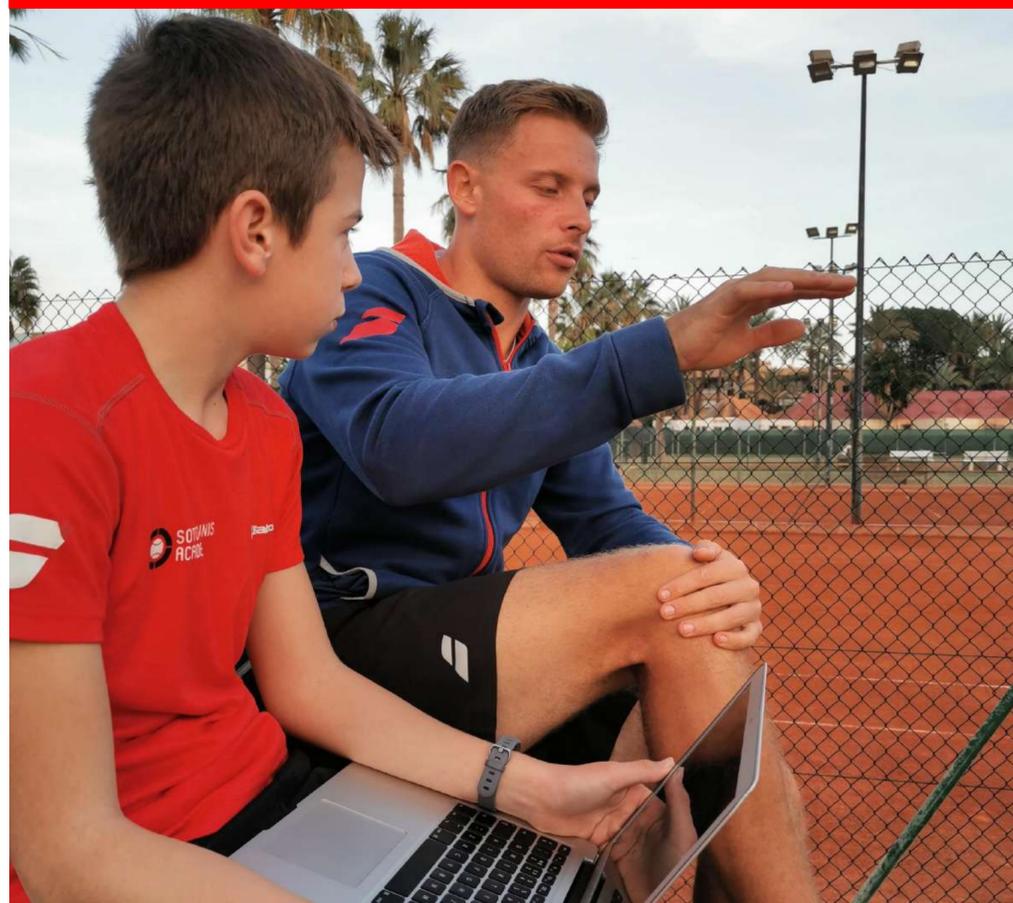
TENNIS SMART ALSO SUPPORT STA PLAYERS OUTSIDE OF THE ELITE SPORTS PROGRAMME.



ALTERNATIVE PATHWAYS

A NUMBER OF PLAYERS CHOOSE TO PURSUE LOCAL SPANISH SCHOOLING, HOME SCHOOLING OR ONLINE SCHOOLING OPTIONS INDEPENDENTLY. IN THESE CASES, WE CAN WORK PLAYERS' TENNIS SCHEDULES AROUND THEIR STUDIES AS NECESSARY.

FOR MORE INFORMATION ABOUT ALTERNATIVE PATHWAYS, INCLUDING RECOMMENDED ONLINE SCHOOLS, PLEASE CONTACT THE OPERATIONS TEAM.



COMPETITION

AS A FULL TIME SOTOTENNIS ACADEMY PLAYER, YOU RECEIVE BOTH LOCAL AND INTERNATIONAL TOURNAMENT SUPPORT.

UNIVERSAL TENNIS RATING (UTR)

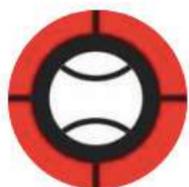
STA IS AN OFFICIAL UTR CENTRE, MEANING ALL MATCH PLAY EVENTS AND TOURNAMENTS WE HOST COUNT TOWARDS OUR PLAYERS' UNIVERSAL TENNIS RATINGS. THIS BENEFITS ALL OF OUR PLAYERS, PARTICULARLY THOSE CONSIDERING THE US COLLEGE PATHWAY. OUR FULL TIME PLAYERS ARE ALL EXPECTED TO HAVE UTR POWER SUBSCRIPTIONS, WHICH CAN BE ASSIGNED THROUGH THE ACADEMY AT A DISCOUNTED RATE OF €75.00. THESE SUBSCRIPTIONS QUICKLY PAY FOR THEMSELVES BASED ON THE NUMBER OF UTR EVENTS AT STA. YOU CAN FIND MORE INFORMATION ABOUT THE UTR POWER SUBSCRIPTIONS ON THEIR WEBSITE UNIVERSALTENNIS.COM



Search

SIGN IN

JOIN



SotoTennis Academy

REQUEST TO JOIN

SHARE

125

Members

34

Events



LOCAL TOURNAMENTS

SPANISH FEDERATION LICENSES CAN ALSO BE ASSIGNED VIA THE ACADEMY. THESE ANNUAL LICENCES PERMIT PLAYERS TO ENTER AND PLAY ANY LOCAL TOURNAMENTS AND COST BETWEEN €30 TO €50 PER YEAR DEPENDING ON A PLAYER'S AGE.

CONTACT THE OPERATIONS TEAM TO ENQUIRE ABOUT BOTH UTR POWER SUBSCRIPTIONS AND SPANISH FEDERATION LICENSES.



INTERNATIONAL TRAVEL

HERE AT STA WE SEE INTERNATIONAL TRAVEL AS A KEY ASPECT OF THE PROGRAMME THAT WE OFFER.

WE LOOK TO RUN 6-8 TRIPS A YEAR FOR EACH RELEVANT AGE GROUP (FUTURES, ITF, TE OR SPANISH NATIONAL). THE REASON WE RUN THESE TRIPS IS SO PLAYERS CAN:

- GAIN INTERNATIONAL LEVEL EXPOSURE
- BENCHMARK LEVELS
- FIGURE OUT, "IS THIS THE LIFE FOR ME?"
- GET THE OPPORTUNITY TO COMMIT TO INDIVIDUAL PROCESSES IN A PRESSURISED SITUATION
- GET THE OPPORTUNITY TO WIN SOME TENNIS MATCHES!

WE SEND A COACH ON EACH TRIP TO:

- SPEED UP THE LEARNING PROCESS
- ENSURE PRE-AND POST-MATCH ROUTINES ARE PICKED UP
- ENSURE PLAYERS LEARN TO BE 'PART OF A TEAM'
- PICK UP VALUABLE 'TACTICAL INSIGHT' AND TO LEARN THE IMPORTANCE OF SCOUTING OPPONENTS
- MAINTAIN AND DEVELOP PHYSICALLY ON THE ROAD
- REINFORCE THE IMPORTANCE OF NUTRITION



PLAYERS/PARENTS ARE RESPONSIBLE FOR:

- ALL TRAVEL INCLUDING FLIGHTS AND INTERNAL TRAVEL (BUSES, TAXIS, ETC.) THE LEAD COACH ON THE TRIP WILL INFORM EVERYONE OF THE CORRECT FLIGHT TO BOOK
- HOTEL
- ALL FOOD INCLUDING MEALS AND SNACKS
- PLAYER SPENDING MONEY FOR INCIDENTALS
- A SHARE OF COACH'S EXPENSES (MEALS, TRAVEL, ACCOMMODATION, ETC.)
- VISA/PASSPORT VALIDITY
- ENTRY FEES
- PHYSIO FEES
- RACKET RE-STRINGING COSTS
- WATER
- INSURANCE
- MEDICAL BILLS





SOTOTENNIS
ACADEMY
INSPIRING EXCELLENCE

21-22
TERM DATES

AUTUMN TERM 2021

BEGINNING OF AUTUMN TERM: WEDNESDAY 1ST SEPTEMBER

OCTOBER HALF TERM TRAINING WEEK: MONDAY 25TH - FRIDAY 29TH OCTOBER

END OF AUTUMN TERM: FRIDAY 17TH DECEMBER

SPRING TERM 2022

BEGINNING OF SPRING TERM: MONDAY 3RD JANUARY

FEBRUARY HALF TERM TRAINING WEEK: MONDAY 21ST - FRIDAY 25TH FEBRUARY

EASTER TRAINING WEEK: MONDAY 4TH - 8TH APRIL

END OF SPRING TERM: FRIDAY 8TH APRIL

SUMMER TERM 2022

BEGINNING OF SUMMER TERM: MONDAY 18TH APRIL

MAY HALF TERM TRAINING WEEK: MONDAY 30TH MAY - FRIDAY 3RD JUNE

SUMMER TRAINING WEEKS

MONDAY 4TH - FRIDAY 8TH JULY

MONDAY 11TH - FRIDAY 15TH JULY

MONDAY 18TH - FRIDAY 22ND JULY

MONDAY 25TH - FRIDAY 29TH JULY

MONDAY 8TH - FRIDAY 12TH AUGUST

MONDAY 15TH - FRIDAY 19TH AUGUST

END OF SUMMER TERM: FRIDAY 19TH AUGUST

START OF AUTUMN TERM 2022: 6TH SEPTEMBER 2022

TRANSPORT

THERE ARE A NUMBER OF OPTIONS FOR THOSE TRAVELLING TO, FROM AND AROUND SOTOGRANDE. HOWEVER, FOR FAMILIES, WE STRONGLY RECOMMEND HIRING A CAR AS PUBLIC TRANSPORT IN THE AREA IS LIMITED.

ACADEMY TRANSFER

FOR FAMILIES UNABLE TO HIRE A CAR AND PLAYERS TRAVELING ALONE, WE CAN ALSO ARRANGE AIRPORT TRANSFERS (PRICES BELOW).

NB: AIRPORT TRANSFERS MUST BE BOOKED WITH A MEMBER OF THE OPERATIONS TEAM AT LEAST 48 HOURS PRIOR TO ARRIVAL BY EMAILING INFO@SOTOTENNIS.COM

STA AIRPORT TRANSFER FEES

GIBRALTAR AIRPORT

1-4 PEOPLE: €33 + IVA*

5-8 PEOPLE: €44 + IVA*

MARBELLA BUS STATION**

1-4 PEOPLE: €50 + IVA*

5-8 PEOPLE: €66 + IVA*

MALAGA AIRPORT**

1-4 PEOPLE: €100 + IVA*

5-8 PEOPLE: €132 + IVA*

MALAGA TRAIN STATION**

1-4 PEOPLE: €110 + IVA*

5-8 PEOPLE: €138 + IVA*

ESTEPONA BUS STATION**

1-4 PEOPLE: €33 + IVA*

5-8 PEOPLE: €44 + IVA*

AN ADDITIONAL €20 SURCHARGE WILL BE ADDED ON TO JOURNEYS LEAVING BETWEEN THE HOURS OF 10PM AND 7AM INCLUSIVE. WE ALSO PROVIDE A MEET AND GREET SERVICE, WHERE OUR ACADEMY DRIVER MEETS THE PLAYER IN THE AIRPORT TERMINAL, FOR AN ADDITIONAL €10.

*IVA IS SPAIN'S VERSION OF VAT AND IS CURRENTLY SET AT 21%

**FASTER TOLL ROUTES ARE AVAILABLE AT A SMALL ADDITIONAL COST ON REQUEST



BUSES

AVANZABUS.COM RUNS REGULAR BUSES FROM MALAGA AIRPORT TO MARBELLA AND LESS REGULAR BUSES FROM MALAGA AIRPORT TO ESTEPONA. THE BUS SERVICE BRINGS YOU CLOSER TO SOTOGRANDE WHERE ACADEMY TRANSFER/TAXI IS CHEAPER.

CAR RENTAL

RECOMMENDED FOR PARENTS/FAMILIES. AVAILABLE LOCALLY OR FROM ANY AIRPORT.

COVID-19

WE TAKE THE HEALTH AND SAFETY OF EVERY PLAYER, STAFF MEMBER AND THEIR FAMILIES AT THE ACADEMY VERY SERIOUSLY AND CLOSELY FOLLOW GOVERNMENT GUIDELINES AROUND COVID-19, INCLUDING THE LATEST RECOMMENDED PRECAUTIONS AND TRAVEL ADVICE.

BELOW ARE THE PRECAUTIONS THAT ARE IN PLACE TO PROTECT PLAYERS AND THE ACTIONS THAT SHOULD BE TAKEN IF SOMEONE AT THE ACADEMY IS FEELING UNWELL, TESTS POSITIVE FOR COVID-19 OR IS A CLOSE CONTACT OF A PERSON WHO HAS TESTED POSITIVE.

2021-22 PROTOCOLS

- IF YOU OR SOMEONE YOU LIVE WITH IS FEELING UNWELL OR EXPERIENCING ANY COVID-19-RELATED SYMPTOMS YOU MUST NOT COME ON TO SITE. PLEASE INFORM A MEMBER OF STAFF.
- A FACE MASK MUST BE WORN AT OUR TRAINING FACILITIES (CAN BE TAKEN OFF WHEN SETTING FOOT ON COURT, BUT TO BE WORN TRAVELLING TO AND FROM FACILITIES IN STA VEHICLES).
- HAND SANITISER IS PROVIDED AT THE GATES OF THE TENNIS CLUB. PLAYERS ARE REQUIRED TO USE IT ON ENTERING AND EXITING THE CLUB.
- ALL PLAYERS AND STAFF MEMBERS MUST FOLLOW SOCIAL DISTANCING GUIDELINES THROUGHOUT THE DAY - THIS INCLUDES NO PHYSICAL CONTACT ON COURT INCLUDING FIST BUMPS, HIGH FIVES, ETC.
- CASE MANAGEMENT AND NOTIFICATION PROTOCOLS WILL BE IMPLEMENTED IF ANY PLAYER:
 - TESTS POSITIVE FOR COVID-19
 - REPORTS COVID-19 SYMPTOMS
 - IS A CLOSE CONTACT OF SOMEONE WHO HAS TESTED POSITIVE FOR COVID-19
- ALL GOVERNMENT-ADVISED COVID-19 GUIDELINES SHOULD BE FOLLOWED AT ALL TIMES.



WE TAKE ALL OF THE ABOVE PRECAUTIONS AND DO OUR UTMOST TO KEEP PLAYERS, THEIR FAMILIES AND THE ACADEMY STAFF MEMBERS AS SAFE AS POSSIBLE, HOWEVER, PLEASE APPRECIATE THAT IN THE CURRENT CLIMATE PLAYERS TRAIN AT THE ACADEMY AT THEIR OWN RISK. PLEASE ALSO NOTE THAT THE ABOVE PROTOCOLS ARE SUBJECT TO CHANGE IN LINE WITH THE LATEST GOVERNMENT ADVICE/RESEARCH.

REGISTRATION

WE LIKE TO INVITE PROSPECTIVE FULL-TIME PLAYERS FOR A TRIAL AT STA SO THAT THEY CAN MEET THE TEAM, INTEGRATE WITH OUR PLAYERS, GET A REAL FEEL FOR THE ACADEMY AND TO SEE IF WE ARE THE RIGHT FIT FOR THEM, AND VICE VERSA.

DURING THE TRIAL PERIOD, PROSPECTIVE PLAYERS WILL HAVE A MEETING WITH A SENIOR STAFF MEMBER TO DISCUSS THE FOLLOWING:

- PERFORMANCE PLANNING
- STA CULTURE/PHILOSOPHY
- ACADEMICS
- TOURNAMENTS/TRAVEL
- ADDITIONAL QUESTIONS

IF YOU WOULD LIKE TO PURSUE THIS OPTION AND/OR HAVE ANY INITIAL QUESTIONS, PLEASE CONTACT [INFO@SOTOTENNIS.COM](mailto:info@sototennis.com) WITH YOUR NAME, AGE AND TENNIS LEVEL/BACKGROUND. WE WILL THEN TAKE YOU THROUGH THE APPROPRIATE REGISTRATION PROCESS.

WE LOOK FORWARD TO MEETING YOU IN SOTOGRANDE SOON!

IN THE MEAN TIME, GET AN INSIGHT INTO DAY-TO-DAY ACADEMY LIFE VIA OUR SOCIALS:

-  INSTAGRAM
-  FACEBOOK
-  TWITTER
-  YOUTUBE
-  LINKEDIN
-  CTC PODCAST
-  SOTOTENNIS.COM

